

THE WCR LEARNING COMMUNITY

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Canada

BRITISH COLUMBIA

WelcomeBC



Alvena Little-Wolf Ear and her mother at rally in Nanaimo
PHOTO - ROBERT BARRON / NANAIMO DAILY NEWS

Healthy Active Natives

Annette and Alvena posted her story on Facebook.

They posted it to a page called Healthy Active Natives. They got thousands of responses.

They started a group called *Team Alvena*. They have 1500 members. They are learning about food and exercise.

Alvena is proud of her Ahousaht heritage.

Young girl fights bullying

Alvena Little-Wolf Ear is 9 years old. She is in grade 4.

Alvena was unhappy. Children at school made fun of her. They would not play with her.

Annette Little is Alvena's mother. Annette saw that Alvena was unhappy.

"She kept a lot of it in. No one really knew," said Little.

Teachers, school staff and other students helped Alvena and her mother.



"Bullying stops here"

PHOTO - BC GOVERNMENT PHOTOS

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Premier Clark at Pink Shirt Day event, Point Grey Secondary School
PHOTO – BC GOVERNMENT PHOTOS

Pink Shirt Day, February 26

Do you want to stop bullying?

Let everyone know. Wear pink on February 26.

Adapted from *The Province* and the *Nanaimo Daily News*

Links

Go to *The Westcoast Reader* website for links to more information and videos.

www.thewestcoastreader.com



ERASE bullying T-shirt
PHOTO – BC GOVERNMENT PHOTOS

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Do something kind for someone. Write a sentence about each thing you did.

The first one is done for you.

1. I phoned my father.

2. _____

3. _____

4. _____

5. _____

6. _____

Answer key

There are many possible answers.