

# THE WESTCOAST READER

## TEACHERS' NOTES

MAY 2016

Read more stories on line: [www.thewestcoastreader.com](http://www.thewestcoastreader.com)

---

Discussion topics for you to consider:

### Trudeau went to USA

The content of this article alludes to several political issues within Canada and between Canada and the US.

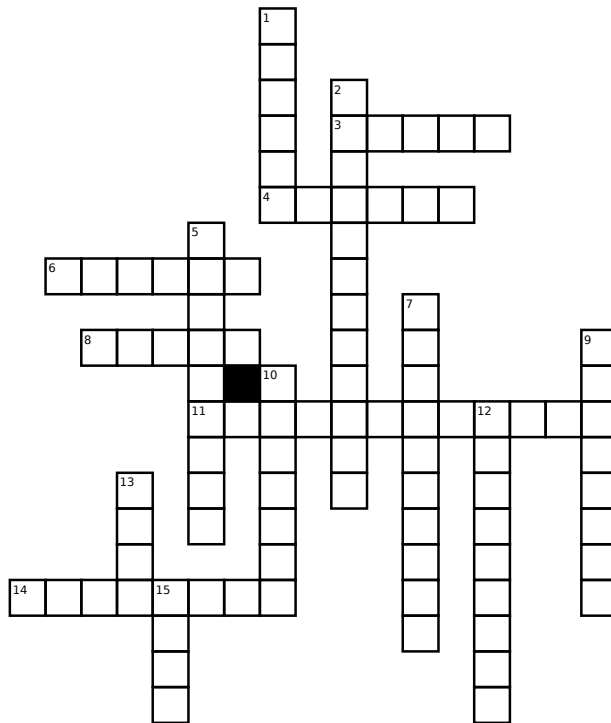
1. Notice the caption under the photo. It's different from the others in this issue. What's the difference? (Answer: The caption is in both English and French). Discuss your learners' experiences with Canada's two official languages. You could bring in some samples of other examples like cereal boxes, signs, documents.
2. Canada and the US share an international border.
  - Talk about what your learners think are some of the issues the two countries must manage in sharing a border.
  - What do they understand about the 3 issues listed in the article?
3. The article talks about the 'friendly' atmosphere of this meeting and about Americans being excited about our prime minister. Why is that of interest?

### May 2 – 8 is National Mental Health Week.

We've included a couple of articles about mental health in this issue.

1. Are your learners surprised to learn about a company that hires employees with mental illness? Why or why not?
2. Talk about the importance of being able to talk about feelings and situations with a psychologist or therapist. Talk about why people are often afraid to go to a therapist.
3. Provide information about accessible resources in your community available to people to help them understand and solve their problems.
  - Check out the app <http://culturallyconnected.ca>. The app presents the concept of cultural humility and some skills / tools for patients and professionals.
4. How does a café like the Lupii contribute to mental health in a community? How might finding a summer job contribute to the mental health of youth? What does participation in an exercise program do for the mental health of seniors?

# Crossword Puzzle - You need the words



## Down:

1. People are often \_\_\_\_\_ to go to a therapist.
2. A \_\_\_\_\_ is a doctor who can help you with your mental health.
5. You have a \_\_\_\_\_ when you have a pain in your head.
7. Therapists can help us \_\_\_\_\_ our feelings.
9. People from different \_\_\_\_\_ have different ways of dealing with feelings.
10. People who are worried feel \_\_\_\_\_.
12. A \_\_\_\_\_ helps you talk about how you feel.
13. Most of us need \_\_\_\_\_ sometimes.
15. People need to \_\_\_\_\_ about how they feel.

## Across:

3. People need \_\_\_\_\_ to feel healthy.
4. A \_\_\_\_\_ cares for our health.
6. Talking can help make your relationships \_\_\_\_\_.
8. People need to learn \_\_\_\_\_ to help them talk.
11. Therapists must keep what you say \_\_\_\_\_.
14. Worry can cause \_\_\_\_\_ like headaches and stomach aches.

## Scavenger Hunt

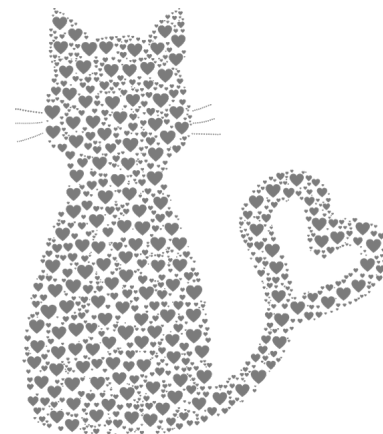
Look through the newspaper to find the answers.

1. Prime Minister of Canada  
\_\_\_\_\_
2. President of the United States  
\_\_\_\_\_
3. year the Cleaning company started  
\_\_\_\_\_
4. animal that lives in the café  
\_\_\_\_\_
5. the national holiday in May  
\_\_\_\_\_
6. name of the café where people chat  
\_\_\_\_\_
7. the program that helps students get jobs  
\_\_\_\_\_
8. the museum that owns John Lennon's car  
\_\_\_\_\_
9. the exercise group for seniors  
\_\_\_\_\_
10. cost of a subscription to The Westcoast Reader  
\_\_\_\_\_

## Unscramble the letters

Unscramble the letters and write the words on the lines.

1. fecofe \_\_\_\_\_
2. tcas \_\_\_\_\_
3. emoh \_\_\_\_\_
4. kindri \_\_\_\_\_
5. nrewo \_\_\_\_\_
6. lepoep \_\_\_\_\_
7. yktit \_\_\_\_\_
8. aeothsgr \_\_\_\_\_
9. lrsveo \_\_\_\_\_
10. jyone \_\_\_\_\_



pixabay.com

# Verbs -- Finish the sentences

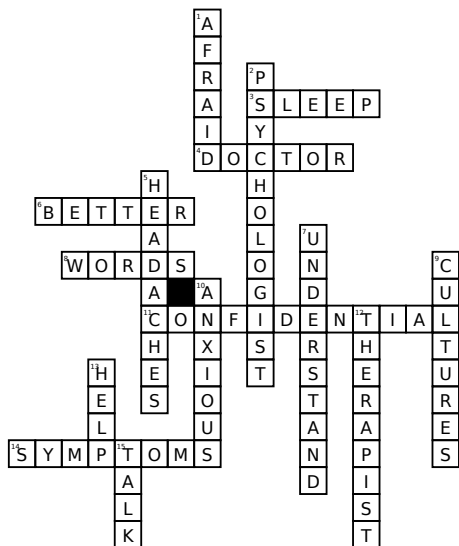
Use the verbs in the box below to finish the sentences.

1. President Obama will \_\_\_\_\_ to Canada in June.
2. The Cleaning Solution \_\_\_\_\_ people with mental illness.
3. They \_\_\_\_\_ 75 people.
4. People \_\_\_\_\_ the cats.
5. The café can \_\_\_\_\_ 16 people.
6. Papania's family \_\_\_\_\_ into the neighborhood.
7. The federal government \_\_\_\_\_ \$106 million on the program.
8. Sidhu \_\_\_\_\_ people need to understand.
9. John Lennon \_\_\_\_\_ music.
10. They \_\_\_\_\_ seniors to join an exercise class.

employ	wrote	says	come	moved
adopt	hires	serve	spent	advise

## Answer Key

Crossword puzzle – You need the words



Scavenger hunt

1. Justin Trudeau;
2. Obama;
3. 2005;
4. Cat;
5. Victoria Day;
6. Catfe;
7. Summer Jobs Program;
8. Royal B.C. Museum;
9. Active Seniors;
10. \$15.75.

Unscramble the letters

1. coffee;
2. Cats;
3. Home;
4. Drink;
5. Owner;
6. People;
7. Kitty;
8. Shortage;
9. lovers;
10. enjoy

Verbs - finish the sentences

1. come;
2. hires;
3. employ;
4. adopt;
5. serve;
6. moved;
7. spent;
8. says;
9. wrote;
10. advise